Focus, APA’s quarterly clinical review journal, is designed for practicing psychiatrists to keep abreast of significant clinical knowledge and advances in the field through self-directed lifelong learning. Focus is the best resource for clinical synthesis, expert guidance, lifelong learning, and maintenance of certification. Four issues each year provide comprehensive reviews of major clinical areas of psychiatry. Focus also provides an organized learning and self-assessment program with 44 hours of CME each year.

The DHA contract for PsychiatryOnline has a limited number of licenses for the CME program. Licenses are issued on a first-come, first-served basis, but they are intended for providers in remote locations with few opportunities to earn CME otherwise. A provider with a valid requirement for access may request a license by emailing the following information to the MEDCOM Command Librarian.

- Name
- Component (Army/Navy/Air Force/Other)
- Military email address
- Valid phone number

The information will be submitted to PsychiatryOnline. The American Psychiatric Association will send a message to the provider containing the required authentication information to earn CME. An individual CME license allows each user to earn 20 credits via the four issue quizzes and an additional 24 credits in the end-of-year self-assessment, totaling 44 credits per user per contract year. A license expires at the end of the contract year, 30 SEPTEMBER. A new license must be requested with the new contract year.